



# SELF employment

## SELF EMPLOYMENT

Many people have considered running their own business and the number of people becoming self-employed has steadily increased, but so has the number of small businesses going into receivership.

If you are considering self-employment as an option, it will be of benefit to you to seek specialist advice before making any firm plans.

### USEFUL SOURCES OF INFORMATION AND ADVICE

a) Your local Career Development Centres can provide a range of handouts and reference books about self-employment which cover aspects such as:- developing ideas, market research, sources of finance and other sources of advice.

b) Humberside Training and Enterprise Council (TEC),  
(until April 6th 2001)  
The Maltings,  
Silvester Street,  
HULL  
HU1 3HL  
Tel: 01482 226491

c) Department of Trade and Industry (DTI)  
Satellite Office based at  
Hull Area Business  
Advice Centre,

34-38 Beverley Road,  
HULL  
HU3 1YE  
Tel: 01482 215500

d) Your local Business Advice Centre.  
Look in your local telephone directory.

There are many other local, regional and national agencies available that provide advice and support - ask at your local Career Development Centre for addresses.

# Voluntary work

People become volunteers for a variety of reasons. The satisfaction of being involved in helping others, meeting new people, developing skills, as well as the opportunity to try new things and to gain job related experience and references that can help in applying for jobs.

Volunteers are sought by all manner of organisations, both locally and nationally. Opportunities will vary according to where you live and/or can travel. The type of work that is available is very varied and may include helping individuals (e.g. MIND), working with groups of young people (e.g. Youth Service), doing practical tasks such as painting and decorating or gardening, helping in hospitals or with organisations such as the St. John's Ambulance N.B. Some organisations have a minimum age for volunteers.

National organisations such as Community Service Volunteers provide opportunities

for young people to live and work away from home. Voluntary work opportunities also exist abroad, in many cases these require relevant professional qualifications.

All Voluntary work offers some element of training, whether as a formal input or 'on the job'. Increasingly, the skills acquired through voluntary work are likely to be recognised, for example through the wider introduction of NVQs. For some careers, for example Social Work, it is essential to have spent a substantial period of time working with people, and for many, voluntary work is the ideal way to do this. It may also be an option for those wanting to take a 'year out' before university. Remember that if in receipt of benefit you should 'declare' voluntary work and make it clear that you are still available and actively seeking work.

Many areas now have some type of Voluntary Service Office/Bureau which can

provide a full list of local voluntary organisations and the type of work available. In addition they may arrange central training for volunteers from different organisations. Your Careers Adviser will know of any such office in your area.

There are several useful sources of written information available if you wish to consider voluntary work on a national or international basis. These are available at your local Career Development Centre and include:

- **Working In**  
The Voluntary Sector (COIC)
- **Volunteer Work**  
Central Bureau for Educational visits and exchanges
- **A Year Off...A Year On?**  
Lifetime Careers Publishing



# TAKING a YEAR OUT

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This is an option which some students consider at the end of 6th form/college before continuing their education. Although it may well be beneficial to some students, taking a year out has “negatives and pluses”. Before you decide, it would be advisable to think about the advantages and disadvantages and the implications they would have on future study or careers.

### ADVANTAGES

- Travel - experience other cultures etc.
- Work experience relevant to a chosen career area.
- Voluntary work relevant to a chosen career area. (See separate entry).
- Work to raise money to help you through a course.

### DISADVANTAGES

- It can be difficult to return to study after a year's break.
- You could lose your motivation or sense of direction towards your chosen career area.
- Employers may still be 'suspicious' of your motives for taking a year out.

### PLANNING:

- You really need to think this through well before the end of Year 13. If you delay your decision to take a year out, many options may well be closed. For example, if you want to work outside the UK you may need to organise a passport and in some cases a work permit. There may also be deadlines for applications. If taking a year out is a

last minute decision you may well run into problems!

- Will taking a year out help in your future choice of career? Is it relevant? Can you explain this to an interviewer at a university or college? Would an employer understand these reasons?
- If you are thinking about a course, would the college or university defer an offer of a place for a year?
- It would be wise to talk to your Careers Adviser in school or college about all of these issues. Your tutors in school or college will also be able to help you.

### SOME USEFUL RESOURCES:

- Careers Adviser.
- Tutors.
- Reference Materials in the careers library or at your local Career Development Centre.

### RECOMMENDED READING:

**“A Year Off...A Year On?”**  
Lifetime Careers Publishing  
This is essential reading.  
It has plenty of information and contacts.

**“A year between”**  
Trotman/Central Bureau

**“Working Holidays”**  
Trotman/Central Bureau

**“Summer Jobs Britain” -**  
David Woodworth (Editor). Vacation Work.

**“Summer Jobs Abroad” -**  
David Woodworth (Editor). Vacation Work.

**Exodus Database -**  
Careers Europe. Available at your local Career Development Centre





# Addresses of FULL-TIME CENTRES

## THE HUMBERSIDE PARTNERSHIP'S FULL-TIME CENTRES

### BEVERLEY CAREER DEVELOPMENT CENTRE

3 North Bar Within,  
Beverley,  
HU17 8AP  
Tel: 01482 862741

*Part-time Centres in Hedon, Hornsea,  
Pocklington and Withernsea*

### GRIMSBY CAREER DEVELOPMENT CENTRE

Queen Street,  
Grimsby,  
DN31 1JA  
Tel: 01472 355303

*Part-time Centre in Immingham*

### BRIDLINGTON CAREER DEVELOPMENT CENTRE

20 Blenheim Road,  
Bridlington,  
YO16 4LD  
Tel: 01262 678943

*Part-time Centre in Driffield*

### HESSLE CAREER DEVELOPMENT CENTRE

Southgate,  
Hessle,  
HU13 0SN  
Tel: 01482 647127

### BRANSHOLME CAREER DEVELOPMENT CENTRE

76 Goodhart Road,  
North Point Shopping Centre,  
Hull,  
HU7 4EF  
Tel: 01482 835780

### HULL CAREER DEVELOPMENT CENTRE

Queen Victoria House,  
Alfred Gelder Street,  
Hull,  
HU1 2AY  
Tel: 01482 223081

### GOOLE CAREER DEVELOPMENT CENTRE

71-73 Boothferry Road,  
Goole,  
DN14 6BB  
Tel: 01405 764558

### SCUNTHORPE CAREER DEVELOPMENT CENTRE

60 Oswald Road,  
Scunthorpe,  
DN15 7PQ  
Tel: 01724 282200

*Part-time Centres in Barton and Brigg*

**FOR OPENING HOURS AND  
ADDRESSES OF PART-TIME  
CENTRES PLEASE CONTACT  
ASSOCIATED  
FULL-TIME CENTRE.**



# Notes

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